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## Atomic Absorption Spectroscopic determination and comparison of trace elements in the seaweeds

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### Abstract:

Many marine algae are being used by humans, in many edible, medicinal and commercial products. *Sargassum Wightii*, *Dictyota dichotoma*, *Hypnea musciformis*, *Jania Rubens*, *Halimeda*, *Kappaphycus Alvarezii*, *Turbinaria conoides*, *Cylindracea* and *Padina Gymnospora* were collected from Palk bay, mandapam, Tamilnadu, India. Toxic (Pb, Cd, Pt, Pd and Cr) and essential (Zn, Mn, Ni, Co, Cu and Fe) metals in eight algae were determined by Flame atomic absorption spectrometry (FAAS). Our results showed that iron, zinc, lead, manganese and cadmium were found in significantly more than the other assessed elements in the studied algae. Of all the studied seaweed species the concentration of Cd, Ni, Cu and Cr are above the ADI limits except in *Kappaphycus alvarezii* (Cu and Cr < ADI). Palladium concentration in *Dictyota dichotoma* was below the detection limit, whereas in all other algal species it was observed above the ADI limit. Lead content in *Dictyota dichotoma* (28.5ppm), *Hypnea musciformis* (22.5 ppm), *Jania Rubens* (54.8 ppm) and *Halimeda Cylindracea* (78.8 ppm) was observed to be above the ADI limits. The trace elements Zn, Fe, Co and Mn also found in some edible and non edible algae beyond the ADI limits.

**Keywords:** heavy metals, algae, India, FAAS.

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### 1. Introduction:

Seaweeds are of the commercially important marine living and renewable resources in India. Algae are enriched with many trace elements, protein, vitamins, several bioactive substances and secondary metabolites<sup>(1-3)</sup> which are having economic importance as well as serve as feed for different types of animals<sup>(4)</sup>. Seaweeds have been used since ancient times as food<sup>(5)</sup>, fuel<sup>(6, 7)</sup> fertilizer<sup>(8)</sup>, and as source of medicine<sup>(9-11)</sup>. Now day's seaweeds are the raw material for many industrial productions like agar<sup>(12-14)</sup>, algin<sup>(15)</sup> and carrageenan<sup>(16)</sup>. In world many of the countries are consuming the algae as food<sup>(17)</sup>. Certain edible seaweeds are with low caloric value<sup>(18)</sup> but rich in protein, lipids, minerals, vitamins and daily fibers<sup>(19)</sup>. They are nutritionally valuable as fresh or dried vegetables, or as ingredients in a wide variety of prepared foods. Depending on the type of species, seaweed is generally suitable for making cool, gelatinous concoctions. The elements' composition of seaweeds varies and is affected by species, geographic area, season of the year and temperature of water.

In recent years, with enhanced awareness of the importance of trace elements in health and disease, an increasing number of reports on the role of

trace elements in seaweeds have been reported. K. Manivannan<sup>(20)</sup> *et al.* reported that different group of seaweeds such as Chlorophyceae (*Ulva lactuca*, *Enteromorpha intestinalis*) Phaeophyceae (*Turbinaria ornata*, *Padina gymnospora*) and Rhodophyceae (*Hypnae valentiae*, *Gracilaria folifera*) were collected from Mandapam coastal regions, Southeast coast of India for analyzing mineral composition. In their study, *P. gymnospora* showed the maximum content of mineral composition such as copper, chromium, iron, lead, sulphur and calcium content and potassium than other seaweeds. *H. valentiae* showed the minimum level of mineral content such as cadmium, iron, magnesium and calcium. The range of Cr content was reported between 0.308-1.378 ppm. The highest level of Cr was observed in brown seaweed *P. gymnospora* and the minimum content was observed in green seaweed *E. intestinalis*. The highest Cu concentration was observed in the brown seaweed *P. gymnospora* and the lowest level was observed in red alga *G.folifera*. Karthikai Devi<sup>(21)</sup> *et al.*, reported the elemental concentration in various seaweeds such as *Codium tomentosum*, *Enteromorpha clathrata*, *Enteromorpha compressa*, *Turbinaria conoides*, *Colpomenia sinuosa*, *Sargassum tenerimum*, *Sargassum wightii* and *Acantho-*

*phora spicifera*, collected from Gulf of Mannar marine biosphere reserve; Southeast coast of India. They reported that *S. wightii* showed the highest level of elemental composition such as Cr, Cu, Mn, Ni, Pb and Zn content than other seaweeds and *A. spicifera* recorded the lowest level of element content such as Cr, Cu, Pb and Zn. R. Riosmena-Rodríguez *et al.*,<sup>(22)</sup> determined the concentration range, and the spatial and temporal variation of heavy metal concentrations in the seaweeds and sea grasses of Magdalena Bay. They observed that significant temporal and spatial variation of heavy metal concentration in seaweeds and sea grasses species and also found Fe; Cu and Mg were the most abundant metals.

Atomic spectroscopic techniques viz., AAS, ICP-AES and ICP-MS are widely used for analysis of trace metals. AAS is the most extensively used technique for determination of metals in different sample matrices. Generally flame-AAS (FAAS) and graphite furnace AAS (GFAAS) are used depending upon the concentration of the analytes to be determined. The present paper describes the estimation of trace levels of Zn, Cu, Fe, Mn, Pb, Ni, Cr, Co, Cd, Pt and Pd in eight marine algae, which could potentially be either dangerous or useful for humans who are consuming for dietary and medicinal purpose and also to herbivores when fed on marine algae.

## 2. Experimental

### 2.1 Apparatus

Atomic absorption spectrophotometer (Perkin Elmer Analyst 300, USA), Hollow cathode lamp was used for detection of Pb, Cd, Cu, Ni, Fe, Co, Cr, Mn, Zn Pt and Pd. The instrument was calibrated with standard solutions using the concentration mode and instrument conditions were given in the Table.2. The standard reference materials of all the metals (E. Merck, Germany) were used to provide calibration and quality assurance for each analytical batch. Replicate ( $n = 3$ ) analyses were conducted to assess precision of the analytical techniques.

### 2.2 Reagents

All reagents were of analytical grade. Sub-boiled water and conc. HNO<sub>3</sub> (69%) (Merk, India) were used in the preparation of samples. Standard stock solutions of Pb, Cd, Cu, Ni, Fe, Co, Cr, Mn, Zn Pt and Pd containing 1000 ppm of each metal, were prepared. Calibration standards of each element were obtained by appropriate dilution of the stock solutions.

### 2.3 Sample Collection and preparation

The algae samples were collected from Palk Bay Mandapam, Tamilnadu, South India region. To estimate the metals in the different sea weed samples, 1.0 g of powdered weed was taken in 100 ml

beaker, 5 ml conc. HNO<sub>3</sub> was added and kept overnight (16 h). The solution was digested on a hotplate at 80°C for 10 min and allowed to cool at room temperature. 20 ml of sub-boiled distilled water was added to the solution and filtered through Whatman filter paper No.42 into a standard flask. The final volume was made up to 100 ml with sub-boiled distilled water. Necessary precautions were adopted to avoid possible contamination of the samples.

## 3. Results and Discussion

Heavy metals such as Pb, Cd, Cu, Ni, Fe, Co, Cr, Mn, Zn Pt and Pd were estimated by FAAS. The method was developed by varying slit width, cathode lamp current and resonance line width by analyzing standard reference materials supplied by E.Merck, Germany. The optimized instrumental parameters are given in Table.2. The method was validated in terms of accuracy, precision, linearity and range, the linearity of detector response was estimated by each metal standard solution of 1.0, 2.0, 5.0, 10.0 µg/ml. By plotting absorbance vs metal concentration, a linear relationship was obtained. The results were found to be in agreement with RSD<4% (average of three determinations). The RSD values in all measurements of drug samples were <5%.

### 3.1. Toxic metals

Acceptable daily intake limit (ADI) of Pd was 0.015 ppm. The observed levels of concentration were very high in the marine algal samples. The maximum level of Pd concentration was observed in *Halimeda cylindreca* and lowest concentration was observed in *Sargassum wightii* was having the lowest level (Table.3). Among the edible algae *Jania rubens* was having the highest level of Pd and in *Dictyota dichotoma* the concentration was below the detection limit (Fig.1).

Among the nonedible algae *Turbinaria conoides* was having the highest concentration and the *Halimeda cylindreca* was having the lower level (Fig.2). Except *Dictyota dichotoma* all other algae were showing the Pd concentration beyond the ADI level.

The maximum concentration of Pt was observed in *Halimeda cylindreca* and the lowest concentration was observed in *Sargassum wightii*. Among the edible algae, the highest level of Pt was observed in *Jania rubens* whereas the lowest level was observed in *Sargassum wightii* (Fig.1).and, in non edible algae the higher level was observed in *Halimeda cylindreca* (Fig.2).

The highest Pb concentration was found in *Halimeda Cylindreca* followed by *Jania Rubens*, *Dictyota dichotoma*, and *Hypnea musciformis*. The least concentration was found in *Kappaphycus*

Table 1. Operating condition of Flame Atomic Absorption spectrometry.

| Conditions                              | pd    | Fe    | Pt    | Zn    | Cu    | Mn    | Ni  | Co    | Cr    | Pb    | Cd    |
|---|-------|-------|-------|-------|-------|-------|-----|-------|-------|-------|-------|
| Slit width (mm)                         | 0.2   | 0.2   | 0.7   | 0.7   | 0.7   | 0.2   | 0.2 | 0.2   | 0.7   | 0.7   | 0.7   |
| Cathode lamp current (mA)               | 30    | 30    | 30    | 15    | 15    | 20    | 25  | 30    | 25    | 10    | 4     |
| Relative Noise                          | 1.0   | 1.0   | 1.0   | 1.0   | 1.0   | 1.0   | 1.0 | 1.0   | 1.0   | 1.0   | 1.0   |
| Resonance line (nm)                     | 244.8 | 248.8 | 269.9 | 213.9 | 324.7 | 279.5 | 232 | 240.7 | 357.9 | 217.0 | 228.9 |
| Air flow Liter. Min <sup>-1</sup>       | 10    | 10    | 10    | 12    | 10    | 10    | 10  | 10    | 10    | 10    | 10    |
| Acetylene flow Liter. min <sup>-1</sup> | 3     | 1     | 3     | 2     | 1     | 3     | 3   | 1     | 3     | 3     | 1     |
| Read Time                               | 2     | 2     | 2     | 2     | 2     | 5     | 3   | 3     | 2     | 2     | 2     |
| Read Delay                              | 1     | 1     | 1     | 1     | 1     | 1     | 1   | 1     | 1     | 1     | 1     |

*alvarezii* and *Sargassum wightii*. *Turbinaria conoides*, sea grass and *Padina gymnospora* were having below the detection limit of Pb (Table.3). According to the WHO (25), a permissible limit of Pb in human beings and the acceptable Daily intake (ADI) is 10 ppm (Table.1) (9-10). *Halimeda cylindracea*, *Jania rubens*, *Dictyota dichotoma*, and *Hypnea musciformis* contained in the range 22.5 ppb to 78.8 ppm, higher than the permissible limit 10 ppm.

The observed Cd concentration was in the range of 1.5 ppm to 5.7 ppm. The highest concentration was found in the *Halimeda cylindracea* followed by *Jania rubens*, *Sargassum wightii* and *Dictyota dichotoma* and, least was found in *Turbinaria conoides* and *Kappaphycus alvarezii* (Table.3). All the studied algae were having the higher concentration than the ADI of Cd is 0.3 ppm (Table.2). This might be due to the abundance of Cd in the sea water and high biosorption ability of algae. Among all the studied algae, *Kappaphycus alvarezii* was having highest concentration of Cr i.e., 52 ppm, higher than the permissible limit 1.54 ppm. All nonedible algae and edible algae except *Kappaphycus alvarezii* were having the below the detection of Cr concentration (Table.3).

### 3.2. Essential metals

Acceptable daily intake for Mn is 69.2 ppm. The maximum concentration was found in the *Padina gymnospora* (525.3±16.2) while minimum was found in the *Turbinaria conoides* (9.8±0.2) (Table.3). The highest total Mn concentration was found in the edible algae rather than non edible plants. Among the edible algae, *Padina gymnospora* (650 ppm) was having the highest concentration and *Kappaphycus alvarezii* (450ppm) was having the lowest concentration (Fig.1). Among the non edible algae *Halimeda cylindracea* was having the highest concentration and *Turbinaria conoides* was having the lowest concentration (Fig.2). In edible algae *Sargassum wightii*, *Dictyota dichotoma*, and *Padina gymnospora* were having beyond the ADI

concentration limits (Fig.1). Amongst the non edible algae *Halimeda cylindracea* was having more concentration levels of Mn than the ADI limits (Fig.2). The maximum Ni concentration was found in the *Kappaphycus alvarezii* followed by *Dictyota dichotoma*, *Halimeda cylindracea* and *Jania rubens*(Table.3). The total highest Ni concentration was found in the edible algae. Among all the edible algae *Kappaphycus alvarezii* was having high content of Ni whereas low content of Ni was observed in the *Hypnea musciformis*. While in non edible algae, highest amount of Ni was reported in the *Halimeda Cylindracea* (Fig.2). ADI limit for the Ni is 1.85 ppm (Table.2). All the algae were having higher concentration than the ADI. ADI for Cu is 21.5 ppm (Table.2). The maximum concentration of Cu was found in the *Kappaphycus alvarezii* (31.9±2.5ppm) while minimum concentration was found in the *Sargassum wightii* (2.6±0.4ppm) (Table.3).

The Cu concentration reported in *Hypnea musciformis* (B.D below detection limit) and *Jania rubens* (B.D) was below the detection limit. The highest total Cu concentration was found in the edible *Kappaphycus alvarezii* algae rather than non edible plants. In edible algae, *Kappaphycus alvarezii* was having the highest Cu concentration where as in non edible algae, *Turbinaria conoides* was having the high amount Cu concentration. Among all stated algae, *Kappaphycus alvarezii* was having beyond the ADI limits of Cu concentration (Table.3).

Co ADI is 8 ppm. The maximum concentration was found in the *Halimeda cylindracea* followed by *Jania rubens* and *Padina gymnospora* (Table.3). Among edible algae, *Jania rubens* (15.9±0.2 ppm) was having the highest concentration of Co where lowest concentration was found in the *Sargassum wightii* (0.8±0.1ppm). In non edible algae, *Halimeda cylindracea* was having the highest concentration of Co (Fig.2). *Halimeda cylindracea*, *Jania rubens* and *Padina gymnospora* were having the higher concentration than the ADI.

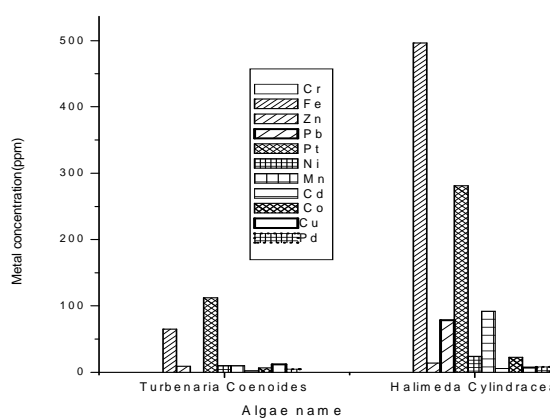
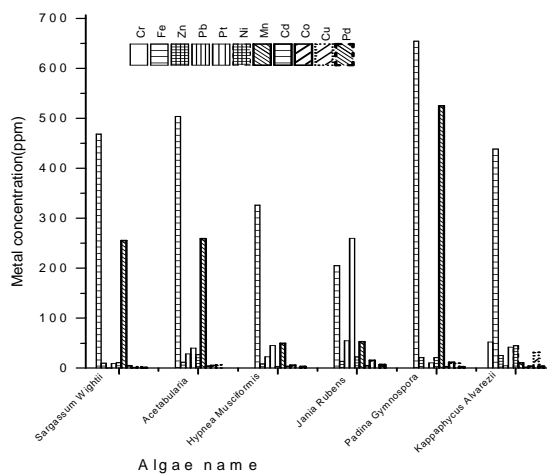
Table.2. Heavy metals under investigation: Name, Acceptability Daily Intake and Disorders

| Metal Name | Acceptable Daily Intake(ADI) for Adult (PPM) | Disorders   |
|------------|--|---|
| Hg         | 1  | Adverse effects on the renal and nervous systems  |
| Cd         | 0.3  | Osteomalacia and pylenephrities   |
| Co         | 8  | Irritation of gastrointestinal tract, nausea, diarrhea, lung and heart diseases           |
| Cr         | 1.54   | Respiratory cancers   |
| Cu         | 21.5   | Vineyard sprayer’s lung and Wilson disease  |
| Fe         | 231  | Vomiting, cardiac depression, metabolic acidosis and Hepatic cirrhosis                    |
| Ni         | 1.85   | Dermatitis, pulmonary fibrosis, reduces sperm count and nasopharyngeal tumors             |
| Zn         | 169  | Anemia and neurological degeneration  |
| Mn         | 69.2   | Parkinson like syndrome, respiratory and Euro psychiatric disorders                       |
| Pb         | 10   | Adverse effects on the renal and nervous systems  |
| pd         | 0.015  | extreme nervousness extreme tiredness confusion memory loss dizziness mi-graine headaches |

The average concentration found in the algae is 3.5ppm. The high concentration of Co in algae might be due to the physiological participation of Co in the certain enzymes.

Acceptable Daily intake of Zn is 169 ppm (Table.2). The observed Zn concentration in the studied algae was in the range of 8.6 ppm to 25.5 ppm. The highest concentration was found in the *Kappaphycus alvarezii* followed by sea grass, *Halimeda cylindracea* and *Jania rubens*. All the studied algae were below the acceptable Daily intake limit (Table.3). On the basis of ADI it could be suggested that the algae are safe in terms of Zn toxicity.

As a micro nutrient, the observed Fe concentration was in the range of 65.2 ppm to 645.6 ppm. The highest concentration was found in the *Padina gymnospora* followed by *Dictyota dichotoma*, *Halimeda cylindracea*, *Sargassum wightii* and *Kappaphycus Alvarezii* (Table.3). The permissible limit of Fe is 231 ppm. *Padina gymnospora*, *Dictyota dichotoma*, *Halimeda cylindracea*, *Sargassum wightii*, *Kappaphycus alvarezii* and *Hypnea musciformis* were beyond the permissible limit. The highest concentration of Fe presents in the edible and non edible algae are *Padina gymnospora* and *Halimeda cylindracea*, respectively (Fig.2 and Fig.3) The high concentration of Fe is might be due to the most abundance of Fe in the earth crust and sea water.



Heavy metal concentrations in the edible algae (Fig.1), non edible algae (Fig.2)

Table.3. Heavy metal concentrations (ppm) in the algae

| Algae name                   | Edible/non edible | Essential elements |            |          |          |          | Toxic elements |          |         |        |          |         |
|------------------------------|-------------------|--------------------|------------|----------|----------|----------|----------------|----------|---------|--------|----------|---------|
|                              |                   | Mn                 | Fe         | Zn       | Co       | Ni       | Pt             | Pb       | Cd      | Cr     | Cu       | Pd      |
| Sargassum Wightii            |                   | 255.2±8.2          | 468.4±5.2  | 9.9±0.4  | 0.8±0.1  | 11.1±0.2 | 9.4±0.3        | 0.5±0.1  | 4.6±0.2 | B.D    | 2.6±0.4  | 0.6±0.1 |
| Dictyota dichotoma           |                   | 259.1±4.9          | 504±12.4   | 11.7±0.3 | 5.5±0.2  | 27±0.4   | 40.1±0.4       | 28.5±3.5 | 3.9±0.3 | B.D    | 6.4±0.3  | B.D     |
| Hypnea Musciformis           |                   | 49.8±2.8           | 326.2±4.2  | 8.6±0.4  | 5.7±0.3  | 3.1±0.2  | 45.2±0.3       | 22.5±2.5 | 3.5±0.2 | B.D    | B.D      | 2.5±0.1 |
| Jania Rubens                 | Edible            | 52.8±2.4           | 205.2±2.9  | 13.5±0.6 | 15.9±0.2 | 22.7±0.3 | 259.6±3.6      | 54.8±2.5 | 5.1±0.6 | B.D    | B.D      | 6.8±0.3 |
| Padina Gymnosporea           |                   | 525.3±6.2          | 654.6±12.4 | 21±0.6   | 11.6±0.3 | 21.1±0.4 | 10.3±0.5       | B.D      | 2.5±0.2 | B.D    | 10.1±0.9 | 2.3±0.2 |
| <i>Kappaphycus alvarezii</i> |                   | 10.6±0.5           | 438.7±6.5  | 25.5±0.5 | 3.9±0.3  | 44.9±0.5 | 42.1±1.5       | 4.8±0.2  | 1.5±0.2 | 52±2.8 | 31.9±2.5 | 3.6±0.3 |
| Turbinaria conoides          | Non edible        | 9.8±0.2            | 65.2±3.1   | 9±0.2    | 6.6±0.3  | 9.9±0.4  | 112±3.6        | B.D      | 1.9±0.2 | B.D    | 11.8±0.6 | 4.9±0.3 |
| Halimeda Cylindracea         |                   | 92.1±3.4           | 496.6±6.4  | 13.9±0.4 | 22.5±0.6 | 24±0.7   | 280±5.9        | 78.8±3.9 | 5.7±0.5 | B.D    | 6.9±0.8  | 8.1±0.5 |

B.D=below detection limit

#### 4. Conclusions

The present study gives a new picture about the presence of heavy metals in the marine algae. The maximum Pd concentration was observed in *Halimeda cylindracea* and minimum concentration was found in *Sargassum wightii* and, *Dictyota dichotoma* was having the higher concentration than ADI Pd concentration level. The highest total Mn concentration was found in the edible algae rather than non edible plants. The maximum Cu concentration was found in the *Kappaphycus alvarezii* while minimum concentration was found in the *Sargassum wightii*. Among all algae, *Kappaphycus alvarezii* was having beyond the ADI limits of Cu concentration. The observed Cd concentration was in the range of 1.5 ppm to 5.7 ppm. The highest Cd concentration was found in the *Halimeda cylindracea* whereas least was found in *Turbinaria conoides* and *Kappaphycus alvarezii*. *Halimeda cylindracea*, *Jania rubens*, *Dictyota dichotoma*, and *Hypnea musciformis* contained Pb concentration in the range of 22.5 ppb to 78.8 ppm, higher than the permissible limit 10 ppm. All the studied algae were having the higher concentration than the ADI limits of Cd and Cu. This investigation provides a status of heavy metal concentration in various marine algae. There should be periodical assessment of heavy metal concentration in marine algae, in order to have quality assurance and safer use of marine algae.

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